



Welcome to our third newsletter
telling you more about the
D/deaf mental health research network

A new animation about improving D/deaf people's health...

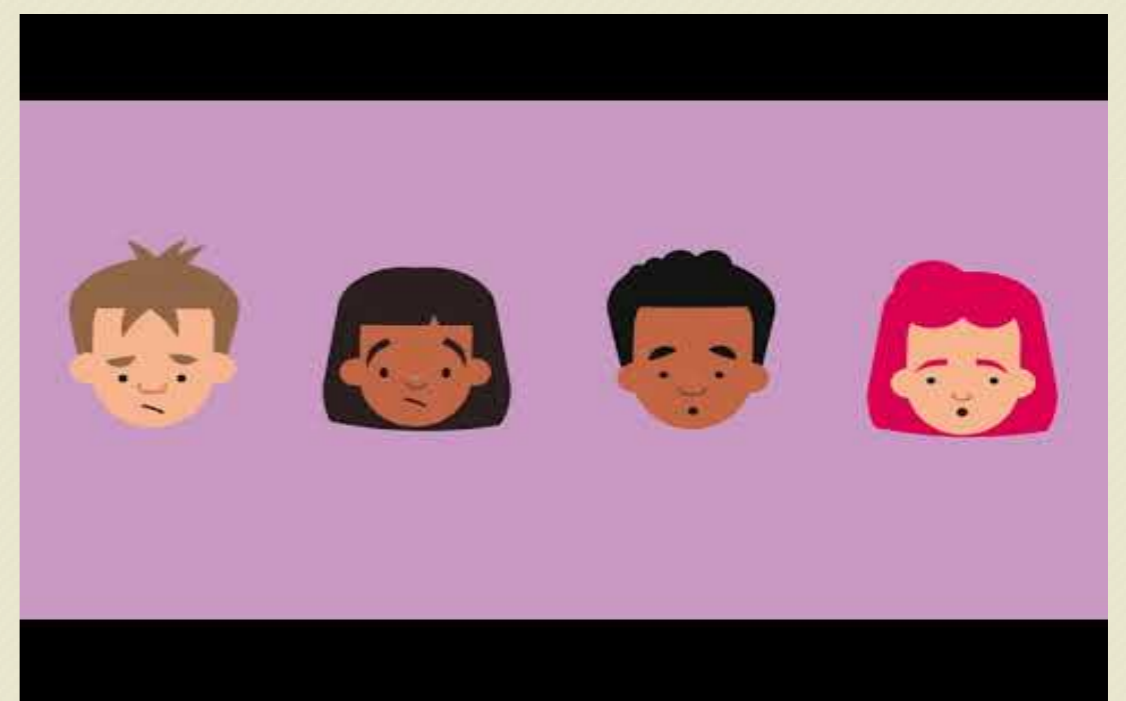
Many of you will know about the challenges D/deaf people experience in health services. We know this because D/deaf people tell us about current barriers, things that have been difficult for a long time, and from research studies. We ran a UK-wide ideathon back in May 2021 to gather research ideas, and lots of you made suggestions for health care service improvements.

We know that healthcare experiences impact on people's mental health and contribute to health inequalities and exclusion. Your suggestions will help form the beginnings of early research proposals going forwards.

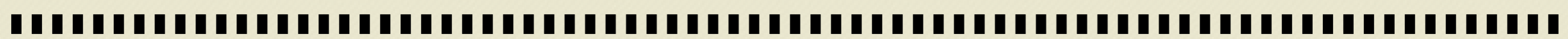
A major need for change is that health professionals need more understanding how to communicate with D/deaf people. One main output for this year - we have made an animation. It was funded by some leftover research monies.

The animation is a useful starting point and can be used for lots of things like future D/deaf awareness training. The audience is particularly for health professionals and health professional students.

[Click here to play the video:](#)



The idea is that this is 'something in our back pocket' that can be used on several platforms in the future.



What is the aim of the D/deaf mental health research network?

Our aim is to increase research into D/deaf mental health issues in order to improve D/deaf people's mental health. We do this by applying for research project funding and by collaborating together.



Update on the SUPERSTAR project...



The SUPERSTAR project has officially started! The steering group has 13 members both Deaf and hearing from across health, social care and the third sector, who have been shaping the project. SUPERSTAR has now been approved by the Ethics Committee and Health Research Authority, so we are looking for participants. [Click here for the study information](#)

SUPERSTAR:
Systems that support hearing families with deaf children

SUPERSTAR needs you!

What is SUPERSTAR?
SUPERSTAR is a research project that aims to find out what helps hearing parents support their child's development. If we know the right way to help, we can improve support for deaf children.

How can you help?
We are looking for:

- hearing parents of deaf children under 13 years who live in Wales
- and people who work with deaf children in Wales

We want to know more about:
What information did you want when you found out your child was deaf?
Who did you want information from and when?
How would you like support to be improved?

Would you take part in an interview so we can listen to your views?
Contact Julia Terry – j.terry@swansea.ac.uk

if you are a hearing grandparent/kinship or foster parent involved with the child since birth then we can consider you

Questions? you can contact the study's supervisor Professor Jaynie Rance: j.y.rance@swansea.ac.uk

This study has been approved by the Research Ethics Committee, College of Human and Health Sciences, Swansea University

confidential
about 1 hour of your time

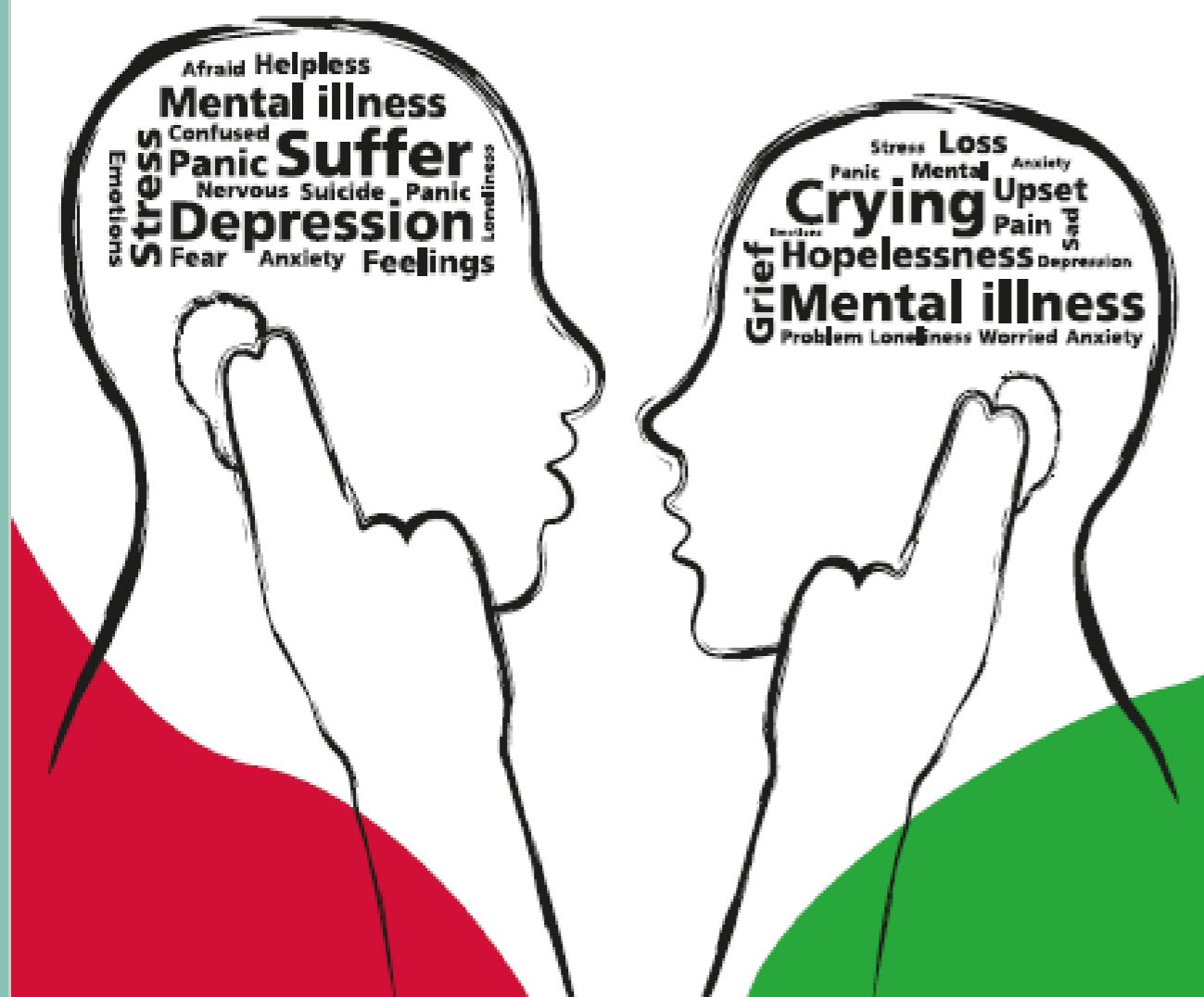
Ymchwil Iechyd a Gofal Cymru
Health and Care Research Wales

rcbcwales

Llywodraeth Cymru
Welsh Assembly Government

All Wales Deaf Mental Health and Well-being Group

Deaf People Wales: **Hidden Inequality**



The All Wales Deaf Mental Health & Well-Being Group have been working on a report.

The aim is to start a dialogue with Welsh Government about the need for mental health services for Deaf people in Wales.

The report has been sent to Welsh Assembly Members and stakeholders, and is being launched at the Cross Party Group for Deaf Issues this month.

We are planning lots of social media and press coverage, so please help by sharing and re-tweeting

[Click here to access the report](#)



The peer mentoring project Positive Futures supports young D/deaf people. There has been excellent feedback with young people engaging via text and now videos too.

[Click here for the BSL video](#)

[and the Positive Futures webpage](#)

**Wider
news**

Projects that support young D/deaf people are inspiring , not only because they are empowering, but because they inspire others too!



Wider
news



The SORD (Social Research with Deaf People) group at the University of Manchester have a new website with BSL accessibility that includes access to the full range of their research projects over the past 12 years, publications and resources <https://sites.manchester.ac.uk/sord/>

These include access to standard psychological assessments and health assessments in BSL that have been validated and the evidence for those validations. <https://sites.manchester.ac.uk/sord/resources/>

The health/wellbeing part of the web site which includes all the mental health related work they have produced searchable by project: https://sites.manchester.ac.uk/sord/themes/health_wellbeing/

The service improvement theme is also relevant: <https://sites.manchester.ac.uk/sord/themes/service-improvement/>

Finally, we have new D/deaf mental health research network flasks and travel mugs.

Let's hope we can have a face to face event sometime soon and they can be passed round to anyone who wants one....



GDPR

We hope you like our newsletter. We have a privacy notice on the website, please check it out.

If you want to follow up on any topic in this newsletter please email:

j.terry@swansea.ac.uk

